

USATF-LI EXECUTIVE COMMITTEE MEETING



Minutes for Board Meeting Held on Wednesday, December 6, 2023

Meeting was brought to order at 7:30 pm via zoom.

Attendees: 9

Officers:

President: Alex Cuzzo
Vice President: Robert Lemke
Vice President: Jason Ramirez - *Absent*
Treasurer: Gary Westerfield - *Excused*
Secretary: Pamela Lee

Standing Sport Committees:

Track & Field: Richard Degnan
Track & Field: Leigh Pollet
MUT: Ronald Nardo - *Excused*
Masters Athletics: Trent Hampton
Youth Athletics: Debra Milano-Granito - *Absent*
Para-Athletics: Steven Cuomo - *Absent*
Para-Athletics: Francis Anzaldi - *Absent*

Standing Administrative Committees:

Officials: George Erker - *Excused*
Sports Medicine: John DeGorter - *Absent*
Records: Joe Meyer - *Absent*
Outreach: Ronald Nardo - *Excused*
Public Relations: Lori Mangual
Nominating: Liz Henry
Membership: Larry Campbell - *Absent*
Coaching Education: Michael Frazer - *Absent*
Communications: Erin Cassano
Bd Member At-Large: *Open*

Club Representatives:

Invited Guests:

Minutes: Minutes from the USATF-LI Convention on September 30, 2023 were approved as amended. Minutes from the Board Meetings of October 2, 2023 and November 6, 2023 were approved.

Budget & Finance: Gary Westerfield submitted information: Bank Balance at Citibank as of November 30, 2023 is \$40,142; the bank balance is \$38,711 (does not include USATF Meeting expenses). There are outstanding income and expenses for the cross-country event. There are outstanding expenses for the USATF Meeting. Expenses are itemized on the USATF-LI credit card and airfare receipts, not purchased on the credit card, should be submitted to the Gary Westerfield for reimbursement. Reimbursement for the USATF Meeting was budgeted for 13 delegates at \$150/delegate (Total \$1,950), but only 8 delegates attended. Therefore, the reimbursement allocation per delegate is approximately \$243.

Membership: Currently, 1,430 individuals are USATF members and there are 57 clubs and organizations compared to 1,539 individuals and 49 clubs and organizations at this time last year.

Discussion/Business Items:

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Old Business:

USATF National Convention (November 30, 2023 – December 3, 2023) Review: Alex Cuzzo reported that the vote at the Convention requires a 2/3 majority, but when decision goes to the National Board, the decision is in an advisory capacity only which the National Board can choose to ignore. Only USATF Board Members (President and Christopher Pasko) are voted in by the general membership. To be a delegate, an individual must have an athlete and/or coach designation. Individual workshops are summarized at the end of these minutes.

USATF-LI Newsletter: Please submit articles to Alex Cuzzo and Erin Cassano by December 21, 2023.

Coaching Education Level II School: USATF-LI and Hofstra University have bid for a USATF Coaching Education Level II Program for July 2024. Carnegie Mellon in Pittsburgh, PA has also placed a bid.

2023 USATF Grow to Impact Grant Review: Alex Cuzzo will attend the next zoom meeting on December 12, 2023. USATF-LI's proposal attracted 4 new members and, also, was used to supplement the USATF-LI team for the Empire State Meet.

New Business:

2024 Awards Brunch: The Brunch will be held at Hofstra University and, depending upon availability, will be held on Sunday, February 18, 2024 or Sunday, February 25, 2024.

2024 USATF Grow to Impact Grant: Need ideas for grant proposal.

2024 Olympic Year Plans:

Committee Reports:

Standing Sport Committees:

Track & Field: Richard Degnan reported that the fall clinics went well, the New Year's Eve Clinic is scheduled at St. Anthony's from 2-4 pm, and winter clinics will be held on Monday nights. The winter indoor meets at St. Anthony's High School are planned for Sunday, January 14, 2024 (Youth) and Saturday, February 24, 2024 (Open/Master).

LDR: Alex Cuzzo reported that the 2023 Grand Prix series has just finished and current standings are online. Erin Cassano will update grand prix points on the database by tomorrow.

Race Walking: No report.

Mountain Ultra & Trail: No report.

Master Athletics: Rob Lemke reported that he is updating the age-grading statistics for the season. USATF-LI's O/M meet is on the same date as USATF-NY's meet.

Youth: Since the Youth Chair did not attend the USATF Meeting, the USATF-LI Board may need to have an interim youth chair.

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Para-Athletics: No report.

Standing Administrative Committees:

Officials: No report.

Sports Medicine: Elisabeth O'Donnell is now a registered nutritionist and will be added to the Sports Medicine Committee.

Records: Individual is required to have credentials prior to the event.

Outreach: No report.

Public Relations/Communications/Marketing: Submit articles for the Newsletter.

Nominating: No report.

Law and Legislation: No report.

Membership: No report.

Coaching Education: An application to host a USATF Level II class at Hofstra University in 2024 has been submitted.

Other Activities:

None.

Next meeting: Monday, January 1, 2024 at 7:30 pm.

Meeting was adjourned at 9:18 pm.

Respectfully submitted by Pamela Lee, Secretary, USATF-Long Island

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USATF National Meeting Workshop Summaries:

Master and Women LDR: Lori Mangual reported that discussion centered around gun time versus chip time and awards. Lori Mangual participated in the Masters Grand Prix Cross-Country Championship in Boca Raton, FL and placed 2nd in her age group. 2024's event will take place in Boulder, CO.

Youth: Liz Henry reported that discussions centered around voting on new rules, grants, SafeSport requirements for youth, coaching courses for Levels I and II, entry fees, and anti-doping and first aid requirements for officials.

Race Walking: Pamela Lee reported that discussions centered around approval of standards and the upcoming Olympic Mixed Race Walk Relay.

Master Track & Field: Rob Lemke reported that discussions centered around minor rule changes and future events. Regional events will take place in Providence, RI (USATF Masters Indoor Track & Field Championships January 28, 2024), Landover, MD, and Ocean Breeze Athletic Complex in Staten Island, NY (USATF NY Open and Masters Indoor Track & Field Championships February 24, 2024). Future sites include 2024 USATF Masters Indoor Track and Field Championships on March 21-24, 2024 in Chicago, IL, 2025 USATF Masters Indoor Track and Field Championships on February 20-23, 2025 in Gainesville, FL, 2025 World Masters Indoor Track and Field Championships two weeks later in Gainesville, FL, 2026 Masters Indoor Track and Field Championships in March 2026 in Indianapolis, IL, and 2026 Masters Outdoor Track and Field Championships in August 2026 in Geneva, Ohio. Kathy Martin was voted as 2024 Athlete of the Year.

Associations: Alex Cuozzo reported on various discussions. Association delegates had to qualify as athlete, coach, or specified designation. USATF-LI ranked in the top 15 in all classifications and placed 19th best association in the country. Term limits will apply to all executive committees and will senior level positions will expire at the end of 2024. The World Athletics Technical Rulebook has been adopted as the default rulebook for USATF meets. 50% of all sponsorships will go to World Athletics.