

USATF-LI EXECUTIVE COMMITTEE MEETING



Minutes for Board Meeting Held on Monday, October 2, 2023

Meeting was brought to order at 7:30 pm via zoom.

Attendees: 13

Officers:

President: Alex Cuzzo
Vice President: Robert Lemke
Vice President: Jason Ramirez - *Absent*
Treasurer: Gary Westerfield
Secretary: Pamela Lee

Standing Sport Committees:

Track & Field: Richard Degnan
Track & Field: Leigh Pollet
MUT: Ronald Nardo
Masters Athletics: Trent Hampton
Youth Athletics: Debra Milano-Granito
Para-Athletics: Steven Cuomo - *Absent*
Para-Athletics: Francis Anzaldi - *Absent*

Standing Administrative Committees:

Officials: George Erker
Sports Medicine: John DeGorter - *Absent*
Records: Joe Meyer - *Absent*
Outreach: Ronald Nardo
Public Relations: Lori Mangual
Nominating: Liz Henry - *Absent*
Membership: Larry Campbell - *Absent*
Coaching Education: Michael Frazer - *Absent*
Communications: Erin Cassano
Bd Member At-Large: *Open*

Club Representatives:

Invited Guests:

Rose Mangogna

Minutes: Minutes from the Board Meeting of August 28, 2023 were approved as amended.

Budget & Finance: Gary Westerfield reported that the Bank Balance at Citibank as of September 29, 2023 is \$52,688.72; QuickBooks balance as of October 2, 2023 is \$48,619.04.

Membership: 1,391 individuals are USATF members and there are 57 clubs and organizations compared to 1,501 individuals and 49 clubs and organizations at this time in 2022.

Discussion/Business Items:

President's Introductory Remarks:

Meeting began with audio by Vin Lannana regarding individuals taking on a larger role in recruitment and participation in track and field.

USATF-LI EXECUTIVE COMMITTEE MEETING
Minutes for Board Meeting Held on Monday, October 2, 2023

Old Business:

USATF-LI Convention: Annual Meeting, originally scheduled for Friday, September 29, 2023 at 7:00 pm at Hofstra University, was postponed to Saturday, September 30, 2023. There was an election for Committee Chairs and Delegates to the National USATF Meeting in Orlando, FL.

USATF National Convention: Annual Meeting is scheduled for November 30, 2023 to December 3, 2023. A minimum of 8 delegates from the Long Island Association should attend. Alex Cuozzo will verify the maximum delegates that may attend. Registration fee has increased to \$275 plus fees for each delegate.

USATF National 10k Race (Cow Harbor): Event took place on Saturday, September 23, 2023. Officials provided by USATF-LI reported that the event was fantastic and exciting with good elite competition. Gary Westerfield, head referee, reported that there were no protests. George Erker noted that the “Countdown Start” should not be used and Gary Westerfield noted that the standard start is “On your marks,” followed by a pause, then gun or horn.

Race Walk Marathon Mixed Relay: In anticipation of the new Olympic Committee Mixed Relay (42k), USATF-LI hosted a mixed relay event in Hauppauge on October 1, 2023. There were three teams from USA and one team from Canada. The team (from USA) of Nick Christie and Maria Michta-Coffey came in first place completed the relay in 3 hours 18 minutes 40 seconds. Qualifying time is 3 hours 20 minutes. Timing was by Elitefeats which provided wristbands for participant exchanges. USATF-LI is believed to be the first country to host such an event. China hosted an event with only local clubs and Japan hosted an event that only included male participants. 5k, 10k, and 20k races were also contested at this event.

Association Accreditation: Alex Cuozzo reported that USATF-LI has received full accreditation.

New Business:

2023 USATF JO Youth Cross-Country Championships: Event will take place on December 9, 2023 in Louisville, KY.

2023 USATF Club Cross-Country Championships: Event will take place on December 9, 2023 in Tallahassee, FL.

USATF-LI Newsletter: Articles are needed. Newsletter expected to be released in December 2023.

Committee Reports:

Standing Sport Committees:

Track & Field: Richard Degnan reported that the throws meet, originally scheduled for October 8, 2023 at Commack High School, has been postponed due to lack of space at that location. Fall clinics are scheduled for Sundays in October. Winter indoor meets at St. Anthony’s High School are planned for January and February 2024. Congratulations to Richard Degnan who was inducted into the Nassau County Athletic Hall of Fame.

USATF-LI EXECUTIVE COMMITTEE MEETING
Minutes for Board Meeting Held on Monday, October 2, 2023

LDR: Alex Cuzzo reported that the 2023 Grand Prix series continues with the following events: October 15 - AutisMile; October 22 – NHP-Mineola 8k. The Cross-Country Association Championships will take place at Bethpage State Park on November 12, 2023. Individuals can register for USATF on or after November 1, 2023. USATF membership will expire on December 31, 2024.

Race Walking: Gary Westerfield reported that Maria Michta-Coffey won her 48th National title at the 5k Race Walk in New Jersey.

Mountain Ultra & Trail: Ron Nardo reported that Team USA won 5 medals at the 2023 World Masters Mountain Running Championships in Madeira, Portugal on September 15-17. The NACAC Mountain & Trail Running Association Championship took place on September 16, 2023 in Saskatchewan, Canada. The International-Association of Ultra Runners World 50k Championships will take place in Hyderabad, India on November 5, 2023.

Master Athletics: Rob Lemke reported that the 2023 USATF Masters 5k Cross Country Championships is scheduled for October 7, 2023 in Boca Raton, FL; and the 2023 USATF Club Cross-Country Championship will take place on December 9, 2023 in Tallahassee, FL.

Youth: Free clinics will be available in the near future. A National zoom meeting will be scheduled soon.

Para-Athletics: No report.

Standing Administrative Committees:

Officials: George Erker reported that 11 officials are available for the November 12, 2023 Cross-Country Championships. A mentorship program and updating the flyer to promote the benefits and requirements for becoming an official were discussed at the Annual USATF-LI Meeting workshop.

Sports Medicine: No report.

Records: Rob Lemke will research and submit any applications for records.

Outreach: Ron Nardo reported that he and Alex Cuzzo assisted at the cross-country event on the Hofstra University campus on September 15, 2023. A RJT event is scheduled for 84 third graders at Searingtown Elementary School on October 5, 2023.

Communications/Marketing: Lori Mangual will submit articles for the Newsletter. Erin Cassano has updated the flyer for track and field clinics and certifications. Erin Cassano has agreed to take over responsibilities for updating Grand Prix points.

Nominating: Liz Henry, chair, did an outstanding job the Annual USATF-LI Meeting.

Law and Legislation: No report.

Membership: No report.

USATF-LI EXECUTIVE COMMITTEE MEETING
Minutes for Board Meeting Held on Monday, October 2, 2023

Coaching Education: No report.

Other Activities:

Website: Alex Cuozzo has updated.

IRS Determination Letter: Copy needed for audit.

Next meeting: Monday, November 6, 2023 at 7:30 pm. Will discuss travel to the USATF National Meeting.

Meeting was adjourned at 9:43 pm.

Respectfully submitted by Pamela Lee, Secretary, USATF-Long Island